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**rugbyclass**  
[www.rugbyclass.com](http://www.rugbyclass.com)



# 2009 The Ultimate Rugby Experience...

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**RUGBY WORLD**  
 THE WORLD'S BEST-SELLING RUGBY MAGAZINE

*Oliver Sweeney*

Eden Park



# Delivering rugby success for 25 years

**Rugbyclass considers itself to be the best youth rugby training product available. Its services have been on offer to children of all ages from all over the globe for 25 years.**

Over this period rugbyclass have provided children with the opportunity to learn from some of the very best in their field. RFU Elite Rugby Director Rob Andrew, current top coaches, Martin Johnson (England), Andy Friend (ACT Brumbies), Mike Catt (London Irish) and Richard Cockerill (Leicester), SKY television's Dewi Morris and Will Greenwood, and Olympic gold medallist Darren Campbell, are just some of the names that have been on hand to pass on their knowledge and add to what is already an excellent week of rugby.

Long term associations with prestige venues such as Millfield School and Wellington College, and matched with sponsorships past and present from brands such as O2, The Times, Land Rover, Rugby World, Eden Park, Oliver Sweeney and Byrne Group, present rugbyclass as a national rugby development programme with an unusually high profile.

Why not let your son enjoy the opportunity of attending a rugbyclass this Summer?



*Joe Worsley at Twickenham Stadium rugbyclass*

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## Introduction

**With another exciting programme of rugby holidays available to select from, there is sure to be something available and suitable for your son.**

Academy courses and Father & Son weekends will feature at two core venues across the country, following a revised programme which continues to offer that bit extra for the developing young rugby player. Additional day course offerings will be available at a selection of Rugby Clubs throughout the year with successful programmes already running at Sevenoaks RFC and Abu Dhabi Harlequins. We know that top class coaching, impressive facilities, stylish course gifts and an International player visit at every course, are the perfect ingredients to providing an excellent rugby experience.

## International Players

**At rugbyclass we know that listening to and watching those players who have made it to International rugby success are the ideal people to learn from. They assist in the coaching programme and offer more than just a glimpse of what it takes to perform on the World stage.**

This year we will have the same emphasis on supplying an International player at every course allowing your child to meet and learn from their heroes. Over recent years rugbyclass could field a team of players that could compete with the best in the World. Jason Leonard, Lee Mears, Mike Worsley, Martin Johnson, Martin Corry, Joe Worsley, Richard Hill, Nick Easter, Danny Care, Charlie Hodgson, David Strettle, Mike Catt, Will Greenwood, Ugo Monye and Nick Abendanon.

## Best Coaching

**Rugbyclass prides itself in supplying the best team of coaches appropriate to all courses, each with extensive coaching experience across a variety of levels.**

In some instances additional consultants are employed with expertise in a variety of fields ranging from SAQ to nutrition and sports psychology to rehabilitation.

The teams of carefully selected coaches, physiotherapists, and welfare staff are all trained in how to get the best from your son, ensuring they have fun, are safe and return to you a better rugby player.

Due to the age range and mixed ability at the courses, it will be necessary to divide the participants. This division aims to ensure that situations do not arise where children are mismatched physically and aims to lessen the risk of serious injury. All participants will receive coaching from all members of rugbyclass staff in situ aiming for an interesting and exciting week.



*All have appeared on a rugbyclass course in recent years.*

Contact us: [info@rugbyclass.com](mailto:info@rugbyclass.com)

## The Venues



### Millfield School, Somerset

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Rugbyclass are delighted to have access to one of the nation's leading sports schools, with a proud, successful sporting record.

Millfield is fortunate to enjoy superb facilities probably unsurpassed anywhere else in the country. An Olympic size swimming pool, athletics arena, three water based astro hockey pitches, indoor tennis centre, golf course, first class equestrian facilities and a superb 600 seat theatre are some of the very fine amenities on offer.

The combination of the School and rugbyclass is a course not to be over looked. Young England players Olly Morgan and Anthony Allen are recent products of this school and before them Millfield can boast Matt Perry and Welsh legend JPR Williams amongst its alumni.

<b>Courses:</b>	Residential	August 10th – August 14th
	Day Camp	August 10th – August 14th

**School address:**

Millfield School, Butleigh Road, Street, Somerset BA16 0YD

**School website:** <http://www.millfieldschool.com/>

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Contact us: **info@rugbyclass.com**



## Wellington College, Berkshire

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Wellington College was one of the 22 founding members of the Rugby Football Union, making it an extremely appropriate venue to host a series of rugbyclass events.

The school is located in the beautiful surroundings of Berkshire just off the M3, and close to Crowthorne. The facilities at Wellington College are first rate with sixteen rugby pitches, a fine 9 hole golf course, two astros and a state of the art Sports Hall.

Current Wasps and England star James Haskell, is the most recent player produced by the college, who over the years have turned out many fine players earning Full and England Sevens honours.

<b>Courses:</b>	Residential	July 27th – July 31st
	Day Camp	July 27th – July 31st
	Residential	August 3rd – August 7th
	Day Camp	August 3rd – August 7th
	Father & Son	August 1st – August 2nd

### School address:

Wellington College, Crowthorne, Berkshire RG45 7PU

School website: <http://www.wellington-college.berks.sch.uk/>

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Book online **[www.rugbyclass.com](http://www.rugbyclass.com)**

# Course Structure

**Our venues can cater for both residential and day participants unless stated otherwise. All residential venues offer excellent swimming facilities, comfortable boarding houses and a fantastic selection of healthy food at mealtimes.**

The rugbyclass philosophy is to provide an unforgettable rugby experience in a thrilling and action-packed environment. Each Participant will receive:

- Coaching from the team of widely respected professional coaches, each of whom has the full endorsement of the RFU.
- Full catering and drinks for the time in attendance (where onsite catering facilities are provided).
- Access to a selection of the excellent facilities the venues have on offer.
- A unique rugbyclass branded course gift.
- A session with the International player and the opportunity to get autographs and photos.

## Academy

Combining all elements of the three tiered rugbyclass system, this course offers something for all ages and abilities.

Based on the hugely successful and popular Elite Academy programme, this course targets the serious minded young rugby player who not only enjoys their rugby but wishes to play at the highest level they can. Participants will be coached by those who know exactly what is required to make an impact on the rugby stage, ensuring for a varied, fun and challenging week.

The course will deliver individual and team sessions, and through a series of optional evening clinics, a whole range of theoretical elements are covered, taking into account what is required both on and off the field of play.

Appearing on these courses in the past have been Tony Diprose, Dean Richards, Geoff Wappett, Brian Mc Dermot and Andy Friend; all of whom have worked with some of the very best players in both codes of the game today.

## Father & Son

This is a unique opportunity for parents, coaches and children to learn and understand the game together, as well as enjoying an excellent weekend of activities.

Children are taken through the coaching programme and the adults can either stay with their child and help them or learn coaching techniques, skills and drills to take back to their clubs with them. The parents are free to move from one group to another at will.

These weekends are staffed by coaches currently working at National League and Guinness Premiership level with specialist sessions taken by International players. Our team of welfare staff ensure that the children are supervised throughout so parents can enjoy the excellent 'social' facilities at our centres, whether it be a golf course, lounge, bar or swimming pool.



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www.rugbyclass.com

# Sample programme

## Programme

Time	Day 1	Day 2	Day 3	Day 4	Day 5
09.45		Warm Up	Warm Up	Warm Up	Warm Up
10.15		Positional Skills Work	Off Loading Skills / Contact Situations	Rucking/Mauling	Unit Skill
11.00		Drinks	Drinks	Drinks	Drinks
11.15		Handling / Awareness	Rucking in Attack / Defence	Diamond Support	Team Run
12.45	Registration	Lunch	Lunch	Lunch	Lunch
14.15	Introductory Meeting	Warm Up	Warm Up	Warm Up	Warm Up
14.45	Skill Assessment	Support Play	Kicking / Catching	Continuity	Matches Kick Off
15.15	Drinks	Drinks	Drinks	Drinks	Debrief
15.30	Small sided games	Small sided games	Realignment in Attack / Defence	Counter attacking	Presentations & Depart
16.45	Warm Down / Swim / De-Brief	Warm Down / Swim / De-Brief	Warm Down / Swim / De-Brief	Warm Down / Swim / De-Brief	
18.00	Dinner	Dinner	Dinner	Dinner	
19.30	Weight Session / SAQ	Game Understanding / Video Analysis	Sport Psychology Session	Q&A Forum	

# Dates available

## Residential

Dates	RC	Days	Venues	Course type/costs	
				Age	RES
27 – 31 Jul	RC1	5	Wellington College, Berkshire	9 – 16	£399
3 – 7 Aug	RC2	5	Wellington College, Berkshire	9 – 16	£399
10 – 14 Aug	RC3	5	Millfield School, Somerset	9 – 16	£399

## Day Camps

Dates	RC	Days	Venues	Course type/costs	
				Age	DAY
27 – 31 Jul	RC1	5	Wellington College, Berkshire	9 – 16	£259
3 – 7 Aug	RC2	5	Wellington College, Berkshire	9 – 16	£259
10 – 14 Aug	RC3	5	Millfield School, Somerset	9 – 16	£259
27 – 28 Aug	RC4	2	Sevenoaks RFC, Kent	9 – 16	£99

## Father & Son Weekend

Dates	RC	Days	Venues	Course type/costs	
				Age	RES
1 – 2 Aug	RC5	2	Wellington College, Berkshire	9 – 16	£129

# Booking your course

## Internet bookings

Try booking online. It's quick. It's easy. Try it today.

All you have to do is log onto **[www.rugbyclass.com](http://www.rugbyclass.com)** and follow the simple online instructions. You will receive a confirmation email straight away, subject to all details being filled in correctly. A final information pack will follow in the post along with an email, one month before the course start date.

## By post

Simply fill in the booking form and send it to us. You will receive confirmation of your booking upon receipt of the form and final information will be sent in the post one month before the course start date. This will include a full itinerary, equipment list and directions to the venue. All cheques should be made payable to Rugbyclass Ltd and all correspondence addressed to:

Rugbyclass,  
Twickenham Stoop, Langhorn Drive, Twickenham Middlesex, TW2 7SX.

## All inclusive price

Course prices, as stated are inclusive of accommodation, meals, all activities, all coaching and VAT. However, prices are exclusive or travel to and from the course venue, admission to places of interest and insurance cover. Please check your final information pack as for which meals are to be provided on courses.



*David Strettle & Darren Campbell at Twickenham Stoop rugbyclass*

## Insurance

Rugbyclass Ltd are no longer offering to arrange insurance for your child. We suggest that all children are insured against personal accident and injury for any rugby activity they take part in, with this being no different. Please check to see if your son is insured before he attends.

## Things to remember

For rugbyclass to ensure that your son fully enjoys himself on the course, we ask that all information is completed as comprehensively as possible. Your son's welfare is a top priority, so we are interested to hear if he has any dietary requirements, needs medication or any special attention paid to any sensitive issues. Finally should you move house, change email or contact number please do let us know as soon as possible so we can continue to keep you up to date with information regarding the course to which your son is booked.

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# Conditions of Bookings

1. Receipt of your booking will be followed by a confirmation email. If the booking cannot be accepted, we shall endeavour to offer you an alternative holiday. If this is not acceptable, the full amount will be promptly refunded.
2. An administration charge of £20 plus VAT will be made for any alteration, or change in booking details previously agreed upon, unless the transfer is to a course of lesser value where the initial fee will be retained.
3. If you have to cancel a booking you must inform us in writing, immediately. Unless written notification of cancellations is received, a booking will stand. All cancellations will be acknowledged by us and are subject to the following charges:

56 - 29 days	–	25% charge
28 - 15 days	–	50% charge
14 - 1 day	–	75% charge
on, or after commencement date	–	100% charge
4. We reserve the right to increase prices in the event of circumstances arising outside our direct control.
5. In certain instances it may be necessary for us to cancel holiday arrangements. You will then be given the option of transferring to another course within the same category, paying the difference to upgrade, or receiving a full refund.
6. In the event of an increase in price, or cancellation of holiday arrangements, we shall notify you where possible by Monday 1st June 2009.
7. We reserve the right to exclude or refuse any person, at any time prior to, or during the holiday, if, in our opinion, that person is not compatible with the general enjoyment and objective of the holiday. Any additional costs involved in repatriation will be at the parents' expense and their responsibility.
8. We do not accept liability for the personal injury, or the death of any participant howsoever caused. We do not accept liability for loss or damage to any property belonging, or travelling with a participant. We do not accept any responsibility for losses or additional expense due to sickness, weather, strikes, riots, war, quarantine or any other cause.
9. If you are eligible for more than one discount i.e. Group booking (10 or more) and special discount, we regret that we are only able to allow whichever is the greater.
10. The details announced in this brochure are published in good faith as of March 2009. All the publishing itineraries are merely samples and are therefore subject to alteration, according to weather, programme requirements or other consideration. We reserve the right to move programme holidays to alternative locations, should this become necessary, for any reason.
11. A 2.5% charge will be in place for any card transactions.